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| **YOUNGER AGE:** |
| 1. **Max. Heart Rate: *(Show all work)***

 |
| 1. **Min # in Range: *(Show all work)***

*Let a = min* |
| 1. **Max # in Range: *(Show all work)***

*Let b = max* |
| 1. **Compound Inequality (Set Builder)**
 |
| 1. **Interval Notation:**
 |
| 1. **Graph Compound Inequality:**
 |
| 1. **Write Absolute Value inequality to match situation: *(Show all work)***
 |
| **OLDER AGE:** |
| 1. **Max. Heart Rate: *(Show all work)***

 |
| 1. **Min # in Range: *(Show all work)***

*Let a = min* |
| 1. **Max # in Range: *(Show all work)***

*Let b = max* |
| 1. **Compound Inequality (Set Builder)**
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| 1. **Interval Notation:**
 |
| 1. **Graph Compound Inequality:**
 |
| 1. **Write Absolute Value inequality to match situation: *(Show all work)***
 |
| **YOUNGER AGE:** |
| 1. **Solve your inequality to check your work *(Show all work)***
 |

1. **Summary/Conclusion**
2. 

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| **OLDER AGE:** |
| 1. **Solve your inequality to check your work *(Show all work)***
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